



# Nine fruits needed for nutrition

(John 15:2-8; Galatians 5:22-25)

1. **LOVE**  
– 1 John 4:7-11; 1 Corinthians 13:1; 1 Peter 4:8
2. **JOY**  
– Nehemiah 8:10; Jeremiah 15:16; Habakkuk 3:18
3. **PEACE**  
– John 14:26-27; Romans 5:1; Ephesians 2:14; Mark 4:39
4. **LONGSUFFERING**  
– Psalm 86:15; Romans 5:3-5; James 1:3-4
5. **GENTLENESS**  
– Psalm 25:6; James 3:17
6. **GOODNESS**  
– Psalm 23:6, 31:19
7. **FAITH**  
– Hebrews 10:23; James 1:6
8. **MEEKNESS**  
– Psalm 149:4, 37:11; Matthew 5:5
9. **TEMPERANCE**  
– 2 Peter 1:4-7; Colossians 3:12-15



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